



(PAA) Pilates Alliance Australasia
INC9877736
PO Box 42. Cremorne Junction NSW 2090
admin@pilatesalliance.net
www.pilatesalliance.net
Ph/Fax: +61 2 9969 3150

REVISED PAA MEMBERSHIP CATEGORIES June 2008 In depth Membership Categories

Due to a great number of queries and feedback from members and potential members, the PAA Main Committee have reviewed our membership categories against the needs of industry professionals. It is apparent that the Basic Membership category, whilst encompassing Matwork trained professionals, could be more useful to the industry and to the general public as a specific Matwork Members category.

The committee have therefore moved to amend the category of Basic membership to become a Matwork Membership. We feel this will now be more able to meet the requirements of members and potential members who have undertaken appropriate Matwork training and operate as professional Matwork and group fitness instructors.

Basic membership will now no longer exist as it becomes the Matwork Membership category. Therefore we now have the following categories of Pilates Alliance Australasia membership.

Full Membership – comprehensively trained teachers of the pilates method

Matwork Membership – Matwork trained teachers of the pilates method

Associate Membership – for Students of pilates training courses and persons interested in and supporting the pilates industry

The PAA policy is, and will remain, that we encourage all our members to work towards full membership and be fully qualified in both mat and apparatus instruction in the Pilates Method in its entirety.

This change to our membership categories has been effected as we recognise the needs of the general public to be able to identify appropriately trained persons teaching Matwork-such an important and extensive part of the way people undertake the Pilates method, and that Matwork teachers can be supported and encouraged by the PAA in their profession.

The committee agreed that the introduction of a Matwork Membership category would enable a distinction of appropriately trained Matwork teachers from persons who are teaching matwork having not yet undertaken sufficient training in this area.

Our newly formed Matwork Membership is costed at an annual fee of \$180 and now has educational guidelines for eligibility. Members of this category will be required to provide evidence of continuing education (CEC's) over each two year period, and will receive more substantial benefits and profiling.

Persons who have already renewed for 2008 in the previous Basic Membership category will be contacted shortly by the administrator to discuss whether you would like to apply to meet the requirements of Matwork Membership or alternatively, take up the Associate Membership (due refund \$75).

Undertaking the Matwork Membership will require submission of necessary documentation to meet the new requirements and payment of the \$30 additional fee, whilst persons reverting to Associate membership will incur a refund of \$75. You could choose to have this refund processed immediately or held towards your 2009 membership.

Full Membership (\$ 300.00 annual)

Open to persons who have successfully completed, and provide evidence of, comprehensive certification from a PAA recognised training body or equivalent.

Members of this category may use the following terminology on their promotional material:

PAA Full Member or Pilates Alliance Australasia Full Member

Full Members will need to provide evidence of current Professional Indemnity and public liability insurance, current Senior First Aid and currency of education.

Members of this category must provide evidence of 20 cec's per 2 year period in accordance with standard PAA guidelines.

The PAA actively seeks health fund rebates and other legislative benefits for Full Members.

Full Members will receive quarterly newsletters, discounts to PAA registered continuing education programs and conferences, discounts to PAA aligned organizations, and are eligible and encouraged to vote in all PAA required circumstances. Full Members are registered on the PAA website search facility with level, contact phone and email address, and receive access to PAA template industry documents ie Industry Recommended Pay Rates and Conditions; Health Fund Reports etc



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Matwork Membership (\$ 180.00 annual)

Open to persons who have successfully completed, and provide evidence of, full Matwork Training from Introductory to minimum Intermediate level from a PAA recognised training body or equivalent.

Members of this category understand that they are not recognised as full members of the PAA and may not use their Matwork Membership status to promote any teaching programs outside of a Matwork Certification scope of practice. A Matwork Member may use the following terminology on their matwork teaching promotional material however only full members can display the PAA logo:

PAA Matwork Member or Pilates Alliance Australasia Matwork Member

Matwork Members will need to provide evidence of current Professional Indemnity and Public Liability insurance, current Senior First Aid and currency of education.

Members of this category agree to recognise that Matwork is only one component of the Pilates Method and undertake to continue their training in the Pilates Method in its entirety.

Members of this category must provide evidence of 15 cec's per 2 year period in accordance with standard PAA guidelines. 10 cec's max in any one year.

The PAA will not seek health fund rebates or legislative benefits for Matwork Members as those benefits are seen to be relevant once a teacher has undertaken comprehensive Full Certification training.

Matwork Members will receive quarterly newsletters, discounts to PAA registered continuing education programs and conferences, discounts to PAA aligned organizations, and will be eligible to hold one vote for all voting purposes at the PAA Annual General Meetings. Matwork Members will be registered on the PAA website search facility with name, level and state.

Associate Membership (\$75.00)

Open to any person with an interest in the Pilates Method and it's quality application. This would include:-
Student membership – rates discounted to \$50 via an educational body on the initial registration when undertaking a training program by a PAA recognised educational body. Subsequent years paid directly by the student @ \$75
Physical therapists, fitness leaders, other persons who have undertaken pilates based training relevant to their primary field but who have not completed recognised or comprehensive training according to other PAA categories
Clients and general public

Members of this category understand that they are not recognised in any way as a teacher of the Pilates Method or as a full member of the PAA and may not use their standing as an Associate Member to infer ability to teach.

Members of this category are not required to undertake continuing education training to maintain Associate Membership, although further training and education in the pilates method is highly encouraged at this level.

The PAA does not seek health fund rebates or legislative benefits for Associate Members.

Associate Members are not required to provide supporting documentation to obtain membership, with the exception of Student membership where the PAA will require notification of the student's enrolment with a recognised educational body.

Associate Members will receive quarterly newsletters and discounts to PAA aligned organizations. Associate Members are not eligible to vote at PAA Annual General Meetings.