

## 2010 MEMBERSHIP RE-REGISTRATION

To re-register with the Pilates Alliance of Australasia you need to submit the following documentation. Please submit only page 1 of this form - the following pages are information to help you

- Completed Membership Re-registration Form
- Evidence of **20 CECs Full member/ 15 CEC's Mat** (or pro-rata) over the last 2 years (full & mat Members only). Those members who registered in 2008 or earlier will therefore need to present their CECs for 2010 membership.
- Copy of current Apply First Aid or Senior First Aid Certification
- Copy of current Professional Indemnity and Public Liability Insurance
- If applicable, documentation supporting membership upgrades
- Payment as per the Schedule of Fees

### MEMBER RE-REGISTRATION:

(Miss/Mrs/Ms/Mr) First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_ Surname \_\_\_\_\_

Home Address: \_\_\_\_\_

State: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone (H) inc area code: \_\_\_\_\_ (W): \_\_\_\_\_

Phone (M): \_\_\_\_\_

Email address: \_\_\_\_\_

Practitioner's Studio Name 1: \_\_\_\_\_

Studio Address Line 1: \_\_\_\_\_

Studio Suburb: \_\_\_\_\_ Studio State: \_\_\_\_\_ Postcode: \_\_\_\_\_

Advise **on separate sheet** other Practitioner's Studio Name/s, Address/s & phone number.

How many extra submitting \_\_\_\_\_. Complete only if you wish to **register another studio** that you are connected with (**important for potential clients directed to you**)

ABN/ACN (if you have one): State which one \_\_\_\_\_

Are you already a registered health fund Provider: YES/NO Which HealthFund/s \_\_\_\_\_

Do you hold a current Apply First Aid or Senior First Aid Certificate? YES / NO

(If YES, please attach documentation.)

Do you have Professional Indemnity & Public Liability Insurance? YES / NO

(If YES, please attach documentation.)

Are you applying for an upgrade of your membership? YES / NO

(If YES, please attach documentation supporting your request to upgrade your membership; we will accept a maximum of 30 hours per week for all upgrades.)

What level of membership are you applying for? [tick appropriate level]

Please refer to the following page for a more detailed explanation of each level.

- Associate Membership - General (\$75.00)
- Associate Membership - Student (\$75.00)
- Mat Membership (\$180.00)
- Level 1 - Full Membership (\$300.00)
- Level 2 - Full Membership (\$300.00)
- Level 3 - Full Membership (\$300.00)
- Principal - Full Membership (\$300.00)
- Trainer - Full Membership Trainer level will combine with Level 3 or Principal

### Applicant Declaration

I \_\_\_\_\_ (applicant) hereby declare that I have answered all questions honestly and to the best of my ability. I understand that the Pilates Alliance of Australasia promotes a high level of quality and integrity amongst Instructors and I will continue with ongoing educational requirements as outlined by the Alliance.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

## RE-REGISTRATION INFORMATION

In order to maintain a high standard of quality, and to ensure a commitment to ongoing education amongst Pilates Alliance members, evidence of obtaining continuing education credits (CECs) is mandatory every 2 years. All Full and Mat Members, at the end of each 2 year period, will be required to meet the following to maintain their membership status:

- › Gain a minimum number of 20 Full member & 15 Mat member Continuing Education Credits (CECs), 15 max full member and 10 max allowed in any one year to be presented.
- › Show proof of currency of an industry recognised Apply First Aid or Senior First Aid Certificate
- › Show proof of currency of appropriate insurance cover

## MEMBERSHIP LEVELS & SCHEDULE OF FEES

### Associate Membership - \$ 75.00

Open to any person with an interest in the Pilates Method and it's quality application. This would include:-

- Student membership – Paid directly by the student @ \$75
- Physical therapists, fitness leaders, other persons who have undertaken pilates based training relevant to their primary field but who have not completed recognised or comprehensive training according to other PAA categories
- Clients and general public

### Mat Membership - \$ 180.00

Open to persons who have successfully completed, and provide evidence of, full Matwork Training from Introductory to minimum Intermediate level from a PAA recognised training body or equivalent.

### Full Membership - Certification Graduates - \$300.00

Level 1 - Graduate of approved certification program

Level 2 - Certification plus minimum 3000 hours experience

Level 3 - Certification plus minimum 5000 hours experience

Principal - Certification plus minimum 7000 hours experience

Trainer - Minimum: Level 3 plus Certificate IV in Workplace Training and Assessment

- › Full and mat members will be required to obtain and keep current their Apply First Aid or Senior First Aid Certification and Professional Indemnity insurance. Evidence of currency will be required.
- › Individual Memberships (Associate, Mat & Full) will be renewable annually, with review of full and mat members' CECs every two years.

### Studio Registration

If you are **already a Level 2 member** and have your own studio, you can apply for studio membership **in addition** to your personal membership,

Sole Trader \$ 200.00 per three years

Studio (greater than 1 person) \$ 500.00 per three years

- › Studio Registration is renewable every three years with successful submission of re-assessment document.
- › PLEASE NOTE, FOR ALL CURRENTLY REGISTERED STUDIOS: All fees and processes for re-registration were completed in March 2009. If you currently hold Studio Registration, do not forward payment with this year's renewal. New studios registering will be given a pro-rata rate.

## METHOD OF PAYMENT

Accepted methods of payment are Cheque, Money Order or Bank Transfer. **For: Bank Transfers**

**Account Name: Australasian Pilates Industry Alliance: Account Number: 10139781 BSB: 062 258**

Please make all bank transfers, cheques or money orders payable to the "Australasian Pilates Industry Alliance" and forward for membership payment to: PO BOX 42, CREMORNE JUNCTION NSW 2090

## CONTINUING EDUCATION CREDITS (CEC)

The accrual of CEC points is an important process for any professional, particularly in an industry that is constantly developing and applying new research and ideas. CECs are evidence of currency of your education and as such, provide the Alliance with a basis for maintaining currency of membership.

Evidence of having achieved your required CECs (20 points full member and 15 mat member over each 2 year period) will be required every second year of your membership renewal.

As you have already been made aware, the PAA has revised its approach to offering continuing education to the Pilates community, a move which is already proving to be very positive for all concerned.

The PAA now formally approves Continuing Education programs for the allocation of CECs, which allows us to be more specific in our support of appropriate program content and organizations. The PAA continue to liaise directly with the organizations that offer Continuing Education opportunities and undertake advertising and promotion on the behalf of approved programs.

### **Pilates Alliance approved programs include assessed and non-assessed programs.**

#### **Assessed Programs:**

- Requires an assessment of program outcomes to be included in the presentation prior to CECs being awarded, e.g. program participants would have to complete a questionnaire based on the program content, participate in a verbal quiz or practical assessment etc.
- There must be a direct relationship with Pilates, i.e. it must be a Pilates-based presentation, or display in its title and content a strong relationship to Pilates, e.g. "The Alexander Technique for Pilates Professionals" as opposed to "The Fundamentals of the Alexander Technique".

-Each hour full contact and assessed = 1 CEC

-Maximum 15 CECs any one program

#### **Non-assessed:**

- No form of assessment of program outcomes required during or following the program delivery
- These programs may include a direct relationship with Pilates, e.g. a Pilates based presentation or display in its title and content a strong relationship to Pilates, e.g. "The Alexander Technique for Pilates Professionals" as opposed to "The Fundamentals of the Alexander Technique".

OR

Information relating indirectly to the Pilates professional in enhancing their overall allied health knowledge, e.g. "The Fundamentals of the Alexander Technique".

- 1 hour full contact non-assessed = 0.5 CEC

- A maximum of 7.5 CEC points for any one program

### **Here are some ways in which PAA members may accrue CECs:**

- Attend the annual Mind Your Body conference (15 CECs for full attendance).
- Attend PAA-approved Pilates specific educational programs
- Attend PAA-approved allied industry educational programs (CECs allocated at 50%)
- Attend continuing education programs being delivered by PAA registered Educational Bodies (see [www.pilatesalliance.net](http://www.pilatesalliance.net) for this listing)
- Attend PAA-approved in-house training programs (maximum of 6 CECs accrued this way per CEC period)
- Attend non-approved Pilates specific educational programs (CECs allocated at 50%)
- Attend non-approved allied industry educational programs/conferences (CECs allocated at 25%)
- Attend formal workout sessions with the senior faculty of PAA-registered educational bodies (see website. A maximum of 4 CECs accrued this way per CEC period)
- Undertake distance/remote learning tasks/programs administered by PAA registered RTOs (for remote and regional members)
- Write and have published a research article for an industry specific publication (maximum of 4 CECs accrued this way per CEC period)