

Please use the following forms to apply for membership to the Pilates Alliance of Australia.
Page 1-2 is a general summary of membership levels and associated fee schedule.
Complete pages 3-4 for general membership application and pages 5-6 for Studio registration.

MEMBERSHIP LEVELS & SCHEDULE OF FEES

Associate Membership - \$ 75.00

Open to any person with an interest in the Pilates Method and it's quality application. This would include:-

- Student membership – rates discounted to \$50 via an educational body on the initial registration when undertaking a training program by a PAA recognised educational body. Subsequent years paid directly by the student @ \$75
- Physical therapists, fitness leaders, other persons who have undertaken pilates based training relevant to their primary field but who have not completed recognised or comprehensive training according to other PAA categories
- Clients and general public

Members of this category understand that, they are not recognised in any way as a teacher of the Pilates Method or as a full member of the PAA and may not use their standing as an Associate Member to infer ability to teach.

Members of this category are not required to undertake continuing education training to maintain Associate Membership, although further training and education in the pilates method is highly encouraged at this level.

The PAA does not seek health fund rebates or legislative benefits for Associate Members.

Associate Members are not required to provide supporting documentation to obtain membership, with the exception of Student membership where the PAA will require notification of the student's enrolment with a recognised educational body.

Associate Members will receive quarterly newsletters and discounts to PAA aligned organizations. Associate Members are not eligible to vote at PAA Annual General Meetings. Associate Members will be registered on the PAA website search facility with name, level and state.

Matwork Membership - \$ 180.00

A Matwork Member may use the following terminology on their matwork teaching promotional material however only full members can display the PAA logo

PAA Matwork Member or **Pilates Alliance Australasia Matwork Member**

Open to persons who have successfully completed, and provide evidence of, full Matwork Training from Introductory to minimum Intermediate level from a PAA recognised training body or equivalent.

Members of this category understand that, they are not recognised as full members of the PAA and may not use their Matwork Membership status to promote any teaching programs outside of a Matwork Certification scope of practice.

Matwork Members will need to provide evidence of current Professional Indemnity and Public Liability insurance, current Apply First Aid or Senior First Aid and currency of education.

Members of this category agree to recognise that Matwork is only one component of the Pilates Method and undertake to continue their training in the Pilates Method in its entirety.

Members of this category must provide evidence of **15 cec's per 2 year period** in accordance with standard PAA guidelines. 10 cec's max in any one year can be presented.

The PAA will not seek health fund rebates or legislative benefits for Matwork Members as those benefits are seen to be relevant once a teacher has undertaken comprehensive Full Certification training.

Matwork Membership Continued from Page 1 ...

Matwork Members will receive quarterly newsletters, discounts to PAA registered continuing education programs and conferences, discounts to PAA aligned organizations, and will be eligible to hold one vote for all voting purposes at the PAA Annual General Meetings. Matwork Members will be registered on the PAA website search facility with name, level and state.

Full Membership - Certification Graduates - \$300.00

Open to persons who have successfully completed, and provide evidence of, comprehensive certification from a PAA recognised training body or equivalent.

Members of this category may use the following terminology on their promotional material:

PAA Full Member or **Pilates Alliance Australasia Full Member**

Members of this category must provide evidence of **20 cec's per 2 year period** in accordance with standard PAA guidelines.

The PAA actively seeks health fund rebates and other legislative benefits for Full Members.

Full Members will receive quarterly newsletters, discounts to PAA registered continuing education programs and conferences, discounts to PAA aligned organizations, and are eligible and encouraged to vote in all PAA required circumstances. Full Members are registered on the PAA website search facility with level, contact phone and email address, and receive access to PAA template industry documents ie Industry Recommended Pay Rates and Conditions; Health Fund Reports etc

Level 1	Graduate of approved certification program
Level 2	Certification plus minimum 3000 hours experience
Level 3	Certification plus minimum 5000 hours experience
Principal	Certification plus minimum 7000 hours experience
Trainer	Minimum: Level III plus Certificate IV in Workplace Training and Assessment

- Full and Matwork members will be required to obtain and keep current their Apply First Aid or Senior First Aid Certification and Professional Indemnity Insurance. Evidence of currency will be required.
- Individual Memberships (Associate, Matwork & Full) will be renewable annually, with review of CEC's every two years for full (20 cec's) & matwork (15 cec's) members only. CEC's therefore required to be presented for 2010 membership for those who registered as full members in 2008 or before.

Studio Registration

If you are already a **Level 2 PAA member** and have your own studio, you can apply **in addition** to your personal membership, for studio membership Any new studio's wishing to register will pay pro rata.

Sole Trader	\$ 200.00	Per three years
Studio (greater than 1 person)	\$ 500.00	Per three years

Studio Registration is renewable every three years with successful submission of re-assessment document. PLEASE NOTE, FOR ALL CURRENTLY REGISTERED STUDIOS: : All fees and processes for re-registration are due next in 2012 for three year period. If you currently hold Studio Registration, no payment is required with this year's renewal.

METHOD OF PAYMENT

Accepted methods of payment are Cheque, Money Order or Bank Transfer. **For: Bank Transfers**

Account Name: Australasian Pilates Industry Alliance: Account Number: 10139781 BSB: 062 258

Please make all bank transfers, cheques or money orders payable to the "Australasian Pilates Industry Alliance" and forward for membership payment to: PO BOX 42, CREMORNE JUNCTION NSW 2090



THE PILATES ALLIANCE Application for New Membership

MEMBER REGISTRATION:

(Miss/Mrs/Ms/Mr) _____ First Name : _____ Surname: _____

Middle Initial: _____ Email address: _____

Home Address: _____

_____ State: _____ Postcode: _____

Phone (H)inc area code: _____ (W): _____

Phone (M): _____

Practitioners Studio Name 1: _____

Studio Address Line 1: _____

Studio Suburb: _____ **Studio State:** _____ **Postcode:** _____

Advise on separate sheet **other Practitioners Studio Name/s**, Address/s & phone number/s.

How many extra submitting _____. State only if you wish to **register another studio** that you are connected to (**important for potential clients directed to you**)

ABN:/ ACN (if you have one) :State which _____

Are you a registered health fund Provider already: Yes/No_Which Health Fund/s_____

Level of Individual Membership

Individuals may apply for Associate Membership – General/Student, Matwork Membership or Full Membership as outlined on the front page. All Individual memberships are renewable annually. In addition, all Full & Matwork memberships will be reviewed in line with the Pilates Alliance of Australasian CEC document titled, "Re-registration Information". In order to maintain a high standard of quality, and to ensure a commitment to ongoing education amongst Pilates Alliance members, evidence of obtaining continuing education credits (CEC's) is mandatory every 2 years. All **Full & Matwork Members**, at the end of each 2 year period, will be required to demonstrate accumulation of a minimum number of 20 Continuing Education Credits plus show proof of currency of an industry recognised Apply First Aid (Senior First Aid Certificate) and of appropriate insurance cover annually.

What level of membership are you applying for?

(Please refer to the "Schedule of Fees" for an explanation of each level, and complete only one of the following.)

Associate Membership – General/Student (\$75.00)

Are you currently studying/training to become a pilates instructor? YES / NO

If so, Where? _____

Please provide details of your background in Pilates or related fields (if any).

Matwork Membership (\$180.00)

Have you completed one of the following programs? *(please specify and attach evidence.)*

o Matwork Certification _____

o Specialty Program _____

o Basic/Intermediate Level Courses _____

o Professional affiliate program _____

- Full Membership (\$300.00)** [*tick appropriate level*]
- o **Level 1** (entry level graduate of approved certification program)
 - o **Level 2** (certification plus minimum 3000 hours experience)
 - o **Level 3** (certification plus minimum 5000 hours experience)
 - o **Principal** (certification plus minimum 7000 hours experience)
 - o **Trainer** (minimum Level III plus Certificate IV in Workplace Training & Assessment)

1. Have you completed a Pilates Certification Program? YES / NO
If so, with whom and when was this completed? (*Please attach evidence*).

2. Please provide details of your qualifications and background in Pilates or related fields. (*Please attach evidence*).

3. Hours worked as a Pilates instructor (*Please attach a document outlining hours & experience*)

4. Do you hold a current Senior First Aid Certificate? YES / NO
If so, with whom and when was this completed? (*Please attach evidence*).

What is it that YOU would like the PAA to achieve for the Pilates Industry?

COMPLETING YOUR APPLICATION FOR MEMBERSHIP

To complete your application for membership please ensure you have attached all relevant documentation, sign the declaration below and forward all documents to **PO Box 42, Cremorne Junction, NSW 2090**.

- Completed Application Form
- Copies of all relevant certification documents and applicable qualifications. (Please write your name on the back of each piece of documentation) CEC's if required.
- Copy of Current Apply First Aid (Senior First Aid Certification) & Professional Indemnity & Public Liability Insurance
- Payment as per the Schedule of Fees.

Applicant Declaration

I _____(applicant) hereby declare that I have answered all questions honestly and to the best of my ability. I understand that the Pilates Alliance of Australasian promotes a high level of quality and integrity amongst Instructors and I will continue with ongoing educational requirements as outlined by the Alliance.

Signed: _____

Date: _____



THE PILATES ALLIANCE Application for New Membership

STUDIO REGISTRATION: STUDIO REGISTRATION IS RENEWABLE EVERY THREE YEARS. Due 2012

If you are already a Level 2 member and have your own studio, you can apply **in addition** to your personal membership, for studio membership.

Studio Name: _____

Studio Address: _____

Postal Address: _____

Studio Phone: _____ Fax: _____

Phone (M): _____

Email address: _____

Director/Applicant Name: _____

Director Address: _____

Director Phone: (H) _____ (M) _____

Director Email address: _____

1. Are you (the applicant) the Lead Instructor at the above-mentioned studio? YES / NO

2. Is the Lead Instructor the only Instructor at the Studio? YES / NO

If YES, SOLE TRADER STUDIO REGISTRATION applies, \$200.00

3. Is there more than 1 instructor at your studio? YES / NO

If YES, STUDIO REGISTRATION applies, \$500.00

4. How many total instructors within the studio? _____

Please list each instructor name and level applicable to the Alliance:

Lead Instructor _____ Level _____

Name _____ Level _____

Name _____ Level _____

Name _____ Level _____

Name _____ Level _____

Name _____ Level _____

Name _____ Level _____

Name _____ Level _____



THE PILATES ALLIANCE

Application for New Membership

Please ensure that the majority of instructors listed are current members of the Alliance. An Alliance recommended studio should be led by a minimum Level II instructor.

As a studio registered with the Alliance, the director of the studio must ensure that he/she informs the Alliance immediately of any relevant changes to staff, particularly in the instance of a change to the lead instructor position.

Statement:

I, _____ as director of _____ agree that in applying for studio registration with the Alliance I have read and understood the requirements of registration and confirm that the above named studio abides by the criteria, guidelines and rules as set down by the Pilates Alliance of Australasian (the Alliance). This includes the instructor to client ratio of 4:1 in the studio work and a 12:1 to 20:1 ratio for matwork (dependent on instructor level). I agree to ensure that the studio takes all steps to promote high levels of supervision and integrity of client training and that the instructors of the studio will continue with ongoing educational requirements as set down by the Alliance. I agree to inform the Alliance of any relevant staff changes in the studio.

Signed: _____ (Director) Date: _____

INTERESTED IN EDUCATIONAL BODY MEMBERSHIP?

I would like to receive documentation to apply for registration as an Educational Body:

Name: _____

Address: _____

