

## VENUES & FACILITIES

### CANBERRA VENUES

Copland G030 Copland Building Australian National University, Canberra & Pilates Canberra, Unit 3/ 23 Marcus Clarke Street, New Acton, Canberra ACT 2601 (02) 6281 7788 - Pilates Canberra

#### What's In The Area

- National Gallery of Australia
- Casino Canberra
- Australian War Memorial
- Questacon
- Old Parliament House
- New Parliament House
- Screen Sound Australia
- National Museum of Australia
- National Zoo & Aquarium
- National Convention Centre
- Australian National University

### BRISBANE VENUE

University of Queensland, St Lucia. Union Conference Rooms Heath and Holt rooms. On campus map 21 K8

#### What's In The Area

- St. George Bank International Film Festival until 9 August 2009
- South Bank
- Treasury Building – Casino
- Queensland Performing Arts Complex (QPAC)
- Shopping - Ann Street, Fortitude Valley, Queen Street Mall, Little Stanley St Southbank plus many other locations
- Story Bridge Bridge Climb
- Lone Pine Koala Sanctuary
- Brisbane River Trip
- City Botanic Gardens, Alice Street
- Brisbane Botanic Gardens Mount Coot-tha 7klms from CBD
- Roma Street Parkland
- Moreton Bay & Stradbroke Island
- Tangalooma Island Resort 75 mins from Brisbane

### MELBOURNE VENUES

TBA-Venue will be central Melbourne ad details will be notified soon

### **What's In The Area**

- Melbourne Cup Carnival – Flemington until 7<sup>th</sup> Nov 09
- Melbourne's Golden Mile Heritage Trail
- Federation Square with Exhibitions & Showcases
- Art Galleries
- Museums
- Theatres
- Shopping galore - Bridge Road Richmond. QV between Swanston and Russell streets & Lonsdale and Little Lonsdale streets. GPO building cnr Bourke & Elizabeth Streets. Queen Victoria Market. Arts Centre Sunday Market – St Kilda. Rose St. Artists' Market, Fitzroy Saturday are just a small portion
- Gardens – Royal Botanic Gardens, Fitzroy Gardens, Carlton Gardens & Flagstaff

### **Lunch/Food Breaks:**

To ensure an efficient and focused learning experience we will be providing Lunch and Refreshments at break times. We will include vegetarian options and easy to eat options. You are welcome to bring your own meals if you have a more specific diet.

We would ask that you respect the time frames of the breaks and if you wish to purchase outside food and drink options, that you do so within the allocated times. There are a number of café options within reasonable vicinity of each venue.

### **Towels:**

Towels will not be provided and we ask that you bring a towel with you each day.

### **CEC Points:**

All conferences attract a CEC value of 1 point per hour. Therefore each 2 day event has a value of 10 CEC points with an additional point for attendance of the Matwork Class. All pre-conference Dance Specific presentations also attract 1 CEC point per hour. Therefore Karen Clippenger: 7.5 points, Julian Littleford: 3 points, Cynthia Lochard: 4.5 points

## **TRAVEL**

The cheapest travel options are always found on the internet, although you must read and agree to the terms and conditions of carriage on any fare you purchase. Mind Your



**Brisbane airport-** [www.bne.com.au](http://www.bne.com.au) is 8 miles northeast of the city (journey time – 35 minutes). Brisbane City - 15kms (approx. 20 mins.)

**Rail:** The Airtrain (tel: +61 (0)7 3216 3308; [www.airtrain.com.au](http://www.airtrain.com.au)) provides services to Brisbane Central Station (journey time: 22 minutes) . Airtrain stations are located directly outside the Domestic and International terminals.

**Taxi:** Taxis are readily available; companies include Black & White Cabs: 131 998 [www.blackandwhitecabs.com.au](http://www.blackandwhitecabs.com.au) and Yellow Cabs Ph (tel: 132 227 or +61 (0) 7 3391 5955; [www.yellowcab.com.au](http://www.yellowcab.com.au)). The taxi ranks are situated at both Qantas and Virgin Blue ends of the Domestic Terminal and outside Arrivals, on the second level of the International Terminal. Fare to Brisbane CBD from Airport: Approximately \$33 plus a \$3 fee for departing taxis only rough estimate only, as dependent upon time, route, traffic, location.

**Limousine:** Limousines are also available; contact the Visitors Information Center (tel: +61(0) 7 3406 3190) for more information.

**Bus:** Airport buses are available from both terminals to Brisbane Transit Center in Roma Street, the Gold Coast and the Sunshine Coast. A door-to-door service is also provided. For further information, contact Coachtrans (tel: +61 (0)7 3238 4700; [www.coachtrans.com.au](http://www.coachtrans.com.au))

## MELBOURNE:

[www.melbourne-airport.com.au](http://www.melbourne-airport.com.au)- is 14 miles northwest of the city (journey time-30 minutes).

**Taxi:** Taxis are available from the ground floor level of the terminal building, in front of the South Terminal and the Qantas Terminal (journey time into the center of Melbourne: 30 minutes). Expect a taxi fare of around A\$80 to A\$85 for a return trip between the CBD and Melbourne Airport

**Bus:** SkyBus (tel: +61 (0)3 9335 2811; Web site: [www.skybus.com.au](http://www.skybus.com.au)) operates daily 24 hours between the airport and the city center. Information on destinations served and schedules is available from the information desks in the terminal building or from the contact details listed on the airport's Web site.

**Public Transport:** Metlink for Buses & Trains - <http://www.metlinkmelbourne.com.au/> including the City Centre Tram: - Free Tourist tram around city centre <http://www.metlinkmelbourne.com.au/maps-stations-stops/free-tram-service-city-circle>

## ACCOMMODATION

There are many booking sites and services available for sourcing accommodation. Some useful sites are:

<http://www.visitcanberra.com.au>

<http://www.nswolidays.com.au>  
<http://www.queenslandholidays.com.au/>  
<http://www.ourbrisbane.com/>  
<http://www.visitvictoria.com>  
<http://www.wotif.com>  
<http://www.quickbeds.com/>  
<http://www.expedia.com.au>  
<http://www.asiarooms.com>  
<http://www.qantas.com.au>

The Pilates Alliance have researched the following options around our conference venues: Please Note: Rates are per night. Delegates should quote Mind Your Body (MYB) when making reservations.

## Canberra

**Canberra City YHA** 7 Akuna Street, Canberra City, Canberra, Australian Capital Territory, 2601  
**4.5 star**

Distance to Australian National University (ANU): 15 min walk.

Tel: +61 (0)2 6248 9155

E: [canberracity@yhansw.org.au](mailto:canberracity@yhansw.org.au) W: [www.yha.com.au](http://www.yha.com.au)

4 share \$35.50 per person per night. 8 share \$32 per person per night. Twin/Double: \$93 per night.

These are standard rates so no need to quote MYB. Discount for YHA members.

Canberra City YHA is right in the heart of the nation's capital, 5 mins from the interstate bus terminal. Hostel facilities include 64 rooms, cafe, indoor pool/spa/sauna, internet, fully-equipped kitchen, rooftop BBQ area, TV/games area, and underground bar. 24-hour reception

**Diamant Hotel Canberra** 15 Edinburgh Avenue (Cnr Marcus Clarke Street), Acton, Canberra, ACT, 2601

Distance to Australian National University (ANU): Across the road.

Tel: +61 (0)2 6175 2222

E: [info.can@diamant.com.au](mailto:info.can@diamant.com.au) W: [www.diamant.com.au](http://www.diamant.com.au)

No standard rooms avail. Deluxe \$190. Premier \$245. Heritage \$285. Suite from \$390.

**Book via website & prepay rates cheaper** Deluxe \$180. Premier \$235. Heritage \$275.

Suite from \$380. Apartment \$300 the apartment consists of 2 bedrooms, both with king beds, one of which can be split into two singles. Breakfast A la carte.

80 room luxury boutique hotel positioned by Lake Burley Griffin. Parking on site \$20 per day. Lot next door, free parking at weekends.

**Forrest Hotel and Apartments** 30 National Circuit, Forrest, Canberra, ACT 2603 **3.5 star**

Distance to: Australian National University (ANU): 15 min drive.

Tel: +61 (0)2 6295 3433

Tollfree within Australia: 1800 676 372

E: [reservations@forresthotel.com](mailto:reservations@forresthotel.com) W: [www.forresthotel.com](http://www.forresthotel.com)

Single rooms \$130 per night. (No twins/doubles left)

1 bedroom apartments \$175 per night. 2 bedroom apartments \$195 Continental breakfast \$18. Hot buffet \$20

Non-smoking recently refurbished hotel rooms. serviced daily. & 1 & 2 bedroom apartment with weekly service. Free parking. Next to the Parliamentary Triangle, close to many major national attractions, 7 min walk to Manuka's cosmopolitan, boutique shopping and restaurant village, 5-10 mins railway station. 20m bus.

**Garden City Motel** Jerrabomberra Avenue, Narrabundah, Canberra, ACT, 2604 **4 star**

Distance to ANU: Australian National University: 10-15mins drive.

Tel: +61 (0)2 6295 3322

Tollfree within Australia: 1800 675 622

E: [gardencityinn@bigpond.com](mailto:gardencityinn@bigpond.com)

W: [www.gardencityinn.com.au](http://www.gardencityinn.com.au)

Queen Standard \$115.

Queen deluxe refurbished \$130 .

Queen Suite

\$120

72 rooms, restaurant & bar landscaped garden and pool area, gym and complimentary in house movies.. Opposite Capital Golf Club Entrance & Clubhouse, minutes from Kingston and Manuka Free onsite parking.

**Griffin Apartment Hotel**, 15 Tench Street, Kingston, Canberra, Australian Capital Territory, 2604 **4.5 star**

Distance to Australian National University (ANU): 10 mins drive.

Tel: +61 (0)2 6234 8000

Tollfree within Australia: 1800 622 637

E: [reservations@griffinhotels.com](mailto:reservations@griffinhotels.com)

W: [www.griffinhotels.com](http://www.griffinhotels.com)

One bedroom suites. \$190 1 Queen Bed

Two bedroom suites. \$240 1 Queen & 2 singles or 2 Queen

Three bedroom suites. \$290 1 Queen & 4 singles or 2 Queen & 2 singles

The Griffin Apartment Hotel offers 82 one, two and three bedroom suites. Located near the shores of Lake Burley Griffin, yet just minutes from the city and close to all major attractions, The luxurious modern suites, have private balconies, spacious lounge and dining rooms and fully equipped kitchens. Griffin Day Spa. Vie Restaurant and Bar . Free undercover parking for guests.

**Hotel Formule 1** cnr Federal Highway& Antill Street, Watson, Canberra, ACT, 2602 **2 star**

Distance to Australian National University (ANU): 10 min drive to the ANU the ANU would be 5 min to the city

Tel: +61 (0)2 6253 9020

E: [F5856-RE@accor.com.au](mailto:F5856-RE@accor.com.au)

W: [www.formule1.com.au](http://www.formule1.com.au)

\$79 per room per night **via website**

\$89 per room per night booked direct

\$7.00 Continental Breakfast/Hot Breakfast

Located on the Federal Highway at Watson heading into Canberra, the hotel is a five minute drive from the city centre and 10 mins from ANU, Hotel Formule 1 is an innovative motel brand offering simple and functional Accommodation at a fixed price for up to three people in the same room. Room features a queen size bed with an overhead single unmade bunk bed and 20 x 2 king rooms single.

**Hotel Kurrajong** National Circuit, Barton, Canberra, ACT 2604 **4.5 star**

Distance to Australian National University (ANU): 5-10minute drive or 30-45 walk

Tel: +61 (0)2 6234 4444

E: [hotelkurrajong@aihs.edu.au](mailto:hotelkurrajong@aihs.edu.au)

W: [www.hotelkurrajong.com.au](http://www.hotelkurrajong.com.au)

Executive King \$180 per night. Continental Breakfast \$15 per person. Full breakfast. \$25

Free Carparking for guests. 26 bedroomed, recently refurbished heritage hotel with contemporary furnishings, restaurant, café and bar.

**University House.** Australian National University. Cnr 1 Balmain Cr & Liversidge St. Acton, ACT 2601 **3.5 star**

Distance to Australian National University (ANU) Within the grounds.of ANU

Tel: + 61 (0)2 6125 5211

E: [accommodation.unihouse@anu.edu.au](mailto:accommodation.unihouse@anu.edu.au) W: [www.anu.edu.au/unihouse](http://www.anu.edu.au/unihouse)

Single & Twinrooms. Room only \$125. Bed & breakfast \$132. 1 person. \$145 2 people.

**10 twin rooms are been held under MYB for the 6 & 7<sup>th</sup> March no rooms on Sunday 8<sup>th</sup>.**

**Ask for rooms from this allotment.**

Located in the tranquil parkland and gardens grounds of the Australian National University. Free parking for in house guests, library. A la carte restaurant, cafe & bar on site

**Victor Lodge Bed and Breakfast** 29 Dawes Street, Kingston, Canberra, ACT, 2604 **2.5 star**

Distance to Australian National University (ANU): 10 min drive

Tel: + 61 (0)2 6295 7777

E: [vip@victorlodge.com.au](mailto:vip@victorlodge.com.au) W: [www.victorlodge.com.au](http://www.victorlodge.com.au)

Single \$75 Double/Twin \$92 Triple \$120 Family room for 4 people \$140

4 people dorms \$35 per night.

A family operated guesthouse close to Kingston shops. Rooms are comfortable and clean with heating and fans, and all linen is provided. Bathroom and toilet amenities are shared (down the hallway). Facilities include guest laundry, ISD phone, Bike Hire, TV room, Internet access, free tea/coffee, free all you can eat breakfast from 7am, fully equipped kitchen, BBQ and outside cooking in the garden area. Totally non-smoking establishment. Free off-street parking is available..

## Brisbane

**Ambassador Motor Inn** 180 Gladstone Rd, Highgate Hill

**3 stars**

Distance to UQ: 15 - 20 min walk via new green bridge

Tel: +61 (0)7 3844 5661

E: [ambassadormotorinn@bigpond.com](mailto:ambassadormotorinn@bigpond.com) W: [www.ambassadormotorinn.com.au](http://www.ambassadormotorinn.com.au)

Single room \$90 per night - 1 person. Double room \$95 per night - 2 people. Twin room \$100 per night - 2 people

\$12 each extra person

Continental Breakfast: \$7.50 pp Cooked Breakfast: \$12.50 pp

In the quiet, leafy inner suburb of Highgate Hill, with views over the river to the University (a short ferry ride). Room Features - Air-conditioning, microwave, fridge, toaster, kettle, tea and coffee, crockery cutlery, and glassware, iron and board, hairdryer, broadband internet access in rooms and reception, Foxtel. D/D phone, clock/radio. Spacious rooms with large ensuites. Serviced daily. All rooms non smoking.

Motel Facilities - In-ground pool, large covered BBQ area, guest laundry

**Annie's Shandon Inn** 405 Upper Edward Street, Spring Hill. QLD 4000

Distance to UQ: 1 klm.

Tel: +61 (0)7 3831 8684

E: [annieshandoninn@hotmail.com](mailto:annieshandoninn@hotmail.com) W: [www.babs.com.au/annies](http://www.babs.com.au/annies)

Single Standard Bedroom with Continental Breakfast \$66

Double/Twin Room with Continental Breakfast \$77

Double/Twin Ensuite Bedroom with Continental Breakfast \$88

19 rooms. Located in the centre of the city a few minutes' walk from the Queen Street Mall, South Bank Parklands, Riverside Centre and China Town. Carpark for 4 cars. . 5m to bus. 300m to railway. 10klms airport

**Benson Court Motel** corner of Benson and MacDonnell Streets, just off Coronation Drive Toowong

**3.5 star**

Distance to UQ: 1.3klm 2-min walk to bus stop + 10-min bus-ride (numbers 402, 411, 412)

Tel: +61 (0)7 3870 4444

Tollfree: within Australia 1800 350 244

E: [reservations@bensencourt.com.au](mailto:reservations@bensencourt.com.au) W: [www.bensencourt.com.au](http://www.bensencourt.com.au)

Single (1 Person) \$115 Double (2 Persons) \$125 Twin (2 Persons) \$130

Family Unit \$140 (2 Persons) \$150 3 people \$160 4 people

Continental Breakfast \$7 pp

All units have a Queen size bed (Family unit has two plus a single bed), a sofa bed, en-suite, ceiling fan, air-conditioning, heating, refrigerator, microwave, kitchen sink, toaster, electric kettle, tea/coffee making facilities, cutlery, crockery, colour TV/Foxtel and telephone. Some studio units have single beds as well. Guest laundry, BBQ area, and off street car park at rear no charge

**Indooroopilly Lodge** 21 Riverview Terrace, Indooroopilly

Distance to UQ: 5 klms. 1-min walk to bus stop + 12-min bus-ride (numbers 414, 427, 428, 432)

Tel: +61 (0)7 3378 4000

E: [indlm@ozemail.com.au](mailto:indlm@ozemail.com.au)

W: [www.iplylodge.com.au](http://www.iplylodge.com.au)

Motel Room: \$96.00 Bed & Continental /Breakfast for 1-2 persons.

Ensuite bathroom, one queen size bed, one single bed, a/c, heater, telephone, TV, fridge, tea, and coffee making facility, internet broadband connection (free). Free onsite Parking for 6 cars.

**Somewhere to Stay Backpackers** corner of Brighton and Franklin, West End **3.5 stars**

Distance to UQ: 20-min walk to ferry + 25-min ferry-ride

Tel: +61 (0)7 3844 6093

Tollfree within Australia: 1800 812 398

E: [reception@somewheretostay.com.au](mailto:reception@somewheretostay.com.au) W: [www.somewheretostay.com.au](http://www.somewheretostay.com.au)

Single super \$49 Double balcony \$64 for 2 people Double deluxe for 2 people \$74

Triple deluxe for 3 people \$84

Rambling old Queenslander perched high up on a hill overlooking the city of Brisbane 2klms away. A pleasant 30 minute walk into town along the Brisbane River, or there is a free shuttle that can take you there and back.

Salt Water Swimming Pool, Hammocks, Outdoor Pool Table. BBQ. Courtesy Pickup from Transit Centre

**Taringa Gardens Apartments** corner of Waverley and Moggill Roads, Taringa QLD **3.5 star**

Distance to UQ: 5-min walk to bus stop + 10-min bus-ride (numbers 414, 428)

Tel: +61 (0)7 3878 5500

E: [info@taringagardens.com.au](mailto:info@taringagardens.com.au)

W: [www.taringagardens.com.au](http://www.taringagardens.com.au)

1 Bedroom Apartment (2 people) \$143 2 Bedroom (4 people) \$150 2 Bedroom Deluxe (4 people) \$170.00

In the restaurant district and close to all major public transport facilities, 26 fully serviced self-contained apartments set in landscaped gardens. Unheated pool, Undercover security free parking. Undercover BBQ area

**Toowong Villas Serviced Apartments** - 9 Ascog Terrace, Toowong, Brisbane. QLD 4066 **4 star**

Distance to UQ: 10 mins drive. 8-mins walk to ferry & 2 stops on. Bus 5 mins walk

Tel: +61 (0)7 3371 4855

E: [accommodation@toowongvillas.com.au](mailto:accommodation@toowongvillas.com.au)

W: [www.toowongvillas.com.au](http://www.toowongvillas.com.au)

Studio (bedsitters) and Self Contained Villa All have either a balcony or courtyard, and are airconditioned.

Studio (bedsitter) units have motel style facilities. \$122

Villas. self-contained 1 bedroom \$143. 2 bedroom villa \$180 per night.

2 Swimming Pools. Free Undercover Parking. One hectare garden setting

## Melbourne

**Leo Pacific** - 378 Little Bourke St Melbourne VIC 3000

**3.5 star**

Distance to Queen Street : 2 min stroll. Inbetween Queen & Elizabeth Streets near Hardware Lane, with its restaurants.

Tel: +61 (0)3 9600 4000

Tollfree within Australia: 1800 060 954

E: [enquiries@leopacifichotel.com.au](mailto:enquiries@leopacifichotel.com.au)

W: [www.leisureinnhotels.com](http://www.leisureinnhotels.com)

Hotel rooms \$200 6<sup>th</sup> Nov 7&8<sup>th</sup> Nov \$120 per night

Studio \$215 6<sup>th</sup> Nov 7&8<sup>th</sup> Nov \$130 per night

Premier \$230 6<sup>th</sup> Nov 7&8<sup>th</sup> Nov \$140 per night

Deluxe \$240 6<sup>th</sup> Nov 7&8<sup>th</sup> Nov \$150 per night

Heritage 5 storey building extensively renovated and converted to a quality boutique hotel that features 24 hour reception, safe and luggage storage, a tour desk, guest laundry, internet kiosk and nearby car parking. The Leo Pacific Hotel is a non-smoking property. Comprising of Hotel

rooms and Studio, Premier, Deluxe and Interconnecting apartments with LCD televisions, climate control air-conditioning, opening windows, broadband internet and ISD telephones. Apartments also feature kitchenette facilities. Limited onsite car parking available for in-house guests (subject to availability). Railway Station 700m

**Mantra on Russell** - 222 Russell Street. Melbourne VIC 3000

**4.5 Star**

Distance to: 3 blocks from Queen St.

Tel: +61 (0)3 9915 2500

Tollfree within Australia: 1300 139 323

E: [russell.res@mantra.com.au](mailto:russell.res@mantra.com.au)

W: [www.mantracityhotels.com.au](http://www.mantracityhotels.com.au)

Studio - \$199 per night \$235 per night inclusive breakfast for two people

One Bedroom- \$224 per night \$260 per night inclusive breakfast for two people

Two Bedroom- \$281 per night \$345 per night inclusive breakfast for two people

221 apartments with warm colour schemes and rich furnishings, a restaurant and bar, indoor heated pool/spa, sauna and full gymnasium. Security undercover parking is available and there is 24 hour room service and reception.

**Melbourne Metro YHA** - 78 Howard Street. North Melbourne VIC 3051

Distance to Queen Street : Tram 1 min walk which goes to Queen Street

Tel: +61 (0)3 9329 8599

W: [www.yha.com.au](http://www.yha.com.au)

E: [melbmetro@yhavic.org.au](mailto:melbmetro@yhavic.org.au)

4 share \$35.50 per person per night. 8 share \$29 per person per night . Self catered apartment \$139 per night

Twin/Double: \$89 per night. Twin/double w bathroom \$100 per night. Slight increase after 1/10/09

These are standard rates so no need to quote MYB. Discount for YHA members.

On city fringe, near Victoria Markets with panoramic views of Melbourne from the rooftop lounge and BBQ. The hostel has a licensed café, YHA Travel desk, high speed internet, WiFi hotspots, Skype, ATM, cable Bus Stop 250m/ 5 min walk. Coach 3 klms 500m 10mins walk. Station: Railway Station 500m 10 min walk.

**Miami Hotel Melbourne** 13 Hawke Street. West Melbourne VIC 3003

Distance to : Queen Street located in between King and Spencer Streets at the north end of the city.

Tel: +61(0)3 9321 2444

W: [www.themiami.com.au](http://www.themiami.com.au)

E: [desk@themiami.com.au](mailto:desk@themiami.com.au)

Superior Single / Twin or Double with ensuite \$99 per room per night after the 5<sup>th</sup> Nov. 3.5 Star rated

Economy Single / Twin (shared bathroom facilities – 2.5 star rated) \$69 per night room only

**Must quote MYB for discounted rates.**

Superior rooms are non smoking rooms with private bathroom, television, refrigerator, clock radio, reverse cycle air-conditioning and hairdryers in room.

Economy rooms are of a basic style with communal bathroom facilities suitable for educational groups. All rooms are non smoking and contain reverse cycle air conditioning. A common room with tea/coffee facilities, fridge and microwave is available on this level.

Secure offsite parking. 24-hour reception, guest Internet Kiosk, video surveillance on all hotel entrances, television lounge with DVD and foxtel, Dining room open for breakfast daily, guest laundry and ironing facilities. Railway Station: 1klm, 10 min walk. Coach Station 1klm, 2 mins car, Tram Stop 50m 2 min walk

**Nomads Industry Flashpackers** - 196-198 A'Beckett Street, Melbourne

Distance to Queen Street : Inbetween William & Queen Streets.

Tel: +61 (0)3 9328 4383

Tollfree: 1800 447 762

E: [bookings@nomadsindustry.com](mailto:bookings@nomadsindustry.com)

W: [www.nomadshostels.com/locations/australia/melbourne-nomads-industry](http://www.nomadshostels.com/locations/australia/melbourne-nomads-industry)

4 share ensuite \$36 per person per night. 4 share \$34 per person per night .

6-8 share ensuite \$32 per person per night. 6-8 share \$30 per person per night.

King with ensuite & tv: \$115 per night (1-2 people). Private ensuite (1-2 people). \$105 per night (1-2 people). Private Room: \$90 (1-2 people). Extra person \$15 per person per night. These are standard rates so no need to quote MYB.

Nightly BBQ & cheap bar meals. Industry Bar and Lounge. sun desk. video jukebox, state-of-the-art Cinema Wireless internet. 24 hour reception Melbourne's newest flashpackers. The totally refurbished building is located at the top end of the city, right in front of the Queen Victoria Markets. Bookings made by credit card.

**Oaks on Collins** - 480 Collins Street. Melbourne VIC 3000 **4.5 Star**

Distance to Queen Street: Inbetween King and William Streets

Tel: +61(0)3 8631 1353.

Tollfree within Australia: 1300 786 603

E: [groupvic@theoaksgroup.com.au](mailto:groupvic@theoaksgroup.com.au)

W: [www.theoaksgroup.com.au](http://www.theoaksgroup.com.au)

**Min 2 night stay**

Studio Executive Apartments \$219 with breakfast \$229

Situated in the heart of the city, opposite the Rialto Towers, Apartment hotel comprising contemporary studios. Each Luxury New York style studios features contemporary design and state-of-the-art kitchen and laundry facilities with stainless steel appliances, while hotel facilities include common laundry facilities, a business centre, 'First Floor Restaurant & Bar', 10 metre lap pool, gymnasium, sauna and business centre. Spencer Street Station 3 mins. Bourke Street 5 mins.

**Oaks on Market** 60 Market St. Melbourne VIC 3000 **4.5 Star**

Distance to Queen Street: Inbetween Queen & William Streets

Tel: +61 (0)3 8631 1353.

Tollfree within Australia: 1300 790 687

E: [groupvic@theoaksgroup.com.au](mailto:groupvic@theoaksgroup.com.au)

W: [www.theoaksgroup.com.au](http://www.theoaksgroup.com.au)

**Min 2 night stay**

Studio \$209 Studio with breakfast \$219 1 bedroom apartment \$229 1 bedroom apartment with breakfast \$239

Sauna, Spa, Gymnasium, Heated indoor pool. Cafe/Coffee shop Carpark. Railway Station 1km.

**Park Regis Griffin Suites** - 604 St Kilda Rd. Melbourne VIC 3000 **4.5 star**

Distance to Queen Street : 2klms

Tel: +61 (0)3 8530 1800

Tollfree within Australia: 1800 301 800

E: [griffin@parkregishotels.com](mailto:griffin@parkregishotels.com)

W: [www.parkregishotels.com](http://www.parkregishotels.com)

Studio \$134 per night. 1 Bedroom Apartment \$144. 2 bedroom apartment \$244 per night

Cafe 604 Restaurant & Bar with indoor and outdoor dining options and is conveniently located with a tram stop at the door. Close to Albert Park in St Kilda Road's business precinct, it's also just minutes from the city, Crown Casino, MCG, St Kilda, Chapel Street and popular restaurants and cafés. Railway Station 4 Minutes - Car

**Victoria Hotel** - 215 Little Collins St. Melbourne VIC 3000 **3.5 star**

Distance to Queen Street : 6 blocks inbetween Russell & Swanson Streets. 5 mins by tram, or 15 mins walk.

Tel: +61 (0)3 9669 0000

Tollfree within Australia: 1800 331 147

E: [stay@victoriahotel.com.au](mailto:stay@victoriahotel.com.au)

W: [www.victoriahotel.com.au](http://www.victoriahotel.com.au)

430 room recently renovated hotel features Internet Café, bar, high speed internet access

**Economy room – shared amenities**

Economy Single Bed at \$60 for 6<sup>th</sup> & 7<sup>th</sup> (Peak rates) \$55 for 8<sup>th</sup> Nov onwards

Economy Twin Bed at \$90 for 6<sup>th</sup> & 7<sup>th</sup> (Peak rates) \$80 for 8<sup>th</sup> Nov onwards

Economy Triple Bed at \$105 for 6<sup>th</sup> & 7<sup>th</sup> (Peak rates) \$90 for 8<sup>th</sup> Nov onwards

**Standard rooms – with ensuite**

Standard Single Bed at \$95 for 6<sup>th</sup> & 7<sup>th</sup> (Peak rates) \$85 8<sup>th</sup> Nov onwards

Standard Double/Twin Bed room at \$140 for 6<sup>th</sup> & 7<sup>th</sup> (Peak rates) \$125 for 8<sup>th</sup> Nov onwards

Standard Family room at \$175 for 6<sup>th</sup> & 7<sup>th</sup> (Peak rates) \$145 for 8<sup>th</sup> Nov onwards

Bedding configuration: One double + Two Single beds (one room)

**Heritage – with ensuite (New Rooms)**

Heritage Queen Bed or Twin Beds at \$150 for 6<sup>th</sup> & 7<sup>th</sup> (Peak rates) \$135 for 8<sup>th</sup> Nov onwards

Heritage Single Bed at \$105 for 6<sup>th</sup> & 7<sup>th</sup> (Peak rates) \$95 for 8<sup>th</sup> Nov onwards

**Bellerive rooms – with ensuite**

Bellerive Queen Bed at \$160 for 6<sup>th</sup> & 7<sup>th</sup> (Peak rates) \$145 for 8<sup>th</sup> Nov onwards

Bellerive 1 Queen Bed + 1 King Single Bed at \$170 for 6<sup>th</sup> & 7<sup>th</sup> (Peak rates) \$155 for 8<sup>th</sup> Nov onwards

Breakfast at \$16 per person ,per day

Coach Station 1 klm. Bus stop 300m. Railway Station 500m